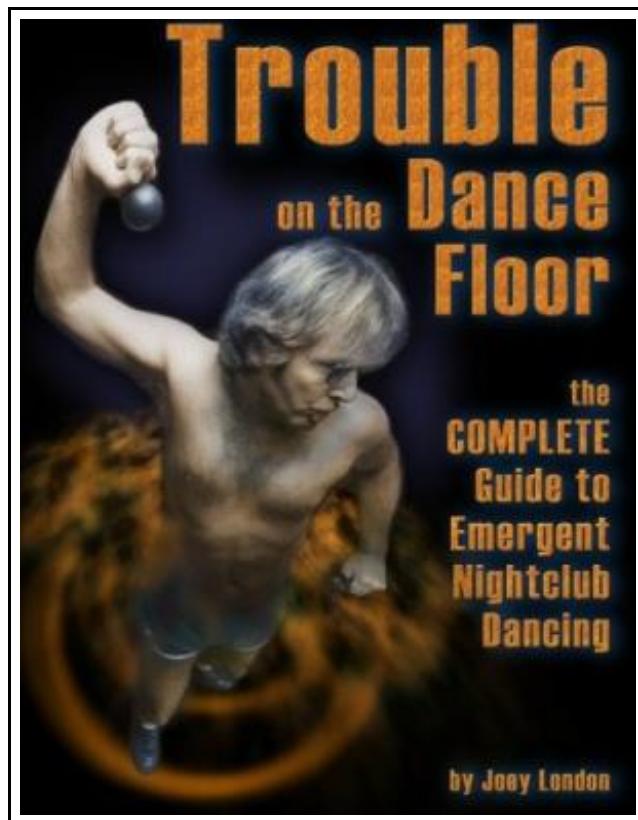


Trouble on the Dance Floor: The Complete Guide to Emergent Nightclub Dancing



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(Ernest Vandervort)

TROUBLE ON THE DANCE FLOOR: THE COMPLETE GUIDE TO EMERGENT NIGHTCLUB DANCING



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Createspace, United States, 2011. Paperback. Book Condition: New. 277 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Deep inside of you there is a great club dancer waiting to emerge. This is the core concept of this unusual book. A radical departure from other books on dance, rather than teach you dance steps or routines, the focus of Trouble on the Dance Floor is to prepare you, mentally, emotionally, and physically, for success at the nightclub. You have some innate dance talent, great or small. This book shows you how to fully utilize what talent you have. It foretells how and why your dance skills will become enhanced with time. Trouble shows you how to minimize distractions that hinder your progress. It shows you how maximize the potential of what dance talent you have and how to develop your talent every night you go to the club. I've been a club dancer for over a quarter century. I have already encountered most scenarios you are likely to encounter at the club. Why re-invent the wheel? Read this book and avoid my mistakes and pick up hundreds of tips that will improve your nightclub dancing. Free-style club dancing is an emergent phenomenon. Think about it. Your greatest nights at the club do not arise from simple cause and effect. Many factors must optimally combine for you to have a peak experience. Social factors, the physical state of your body, your mental state, your shoes and dress, how you combine the motion of your various body parts, and more. These meld with the music your DJ is throwing down. When everything goes right, your dance becomes emergent . That is, your moves are synthesized within an evolving moment of time without conscious thought or planning....



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