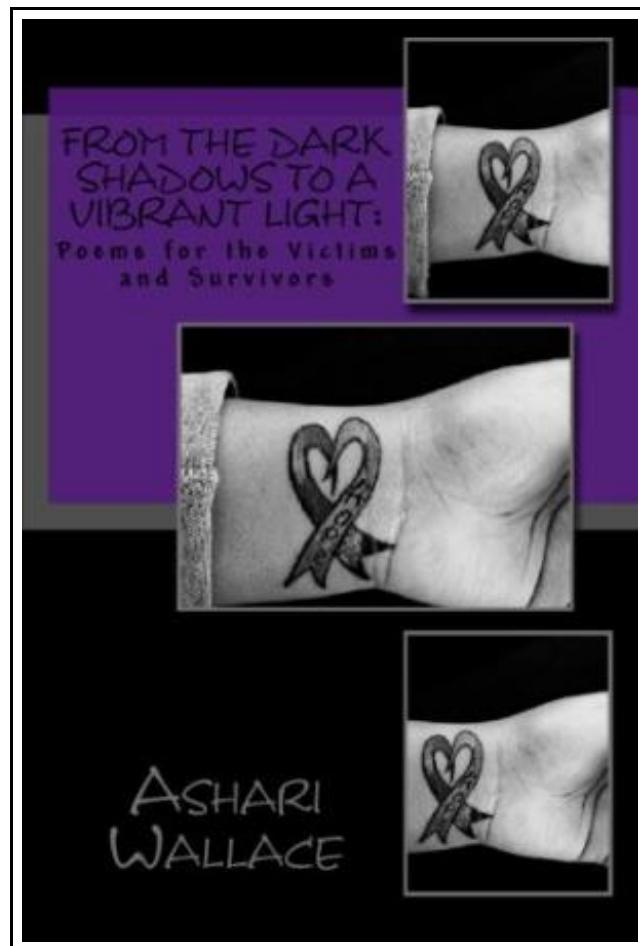


From the Dark Shadows to a Vibrant Light: Poems for the Victims and Survivors



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Reviews

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(Dr. Haylee Grimes PhD)

FROM THE DARK SHADOWS TO A VIBRANT LIGHT: POEMS FOR THE VICTIMS AND SURVIVORS

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. **From the Dark Shadows to a Vibrant Light: Poems for the Victims and Survivors** is short collection of true events, feelings, and words put into poems. These poems are in support of Sexual Assault and Awareness and a creative form of Advocacy. The poems are entered in chronological order of a tragic rape of a college girl and two males who she thought she could trust. It reveals the dark shadows of the event, the aftermath of her struggle, and the peace she has now found. She is going from dark to light, sad to happy, unhealthy to healthy. The thoughts of those nights haunt her for months and make her wonder what her future will consist of, if she can overcome this hurt and betrayal, and even when she wanted to give up she gave herself a little hope. The unfortunate situations appear in her thoughts and sometimes haunt her dreams. **From the Dark shadows** also includes a poem the girl wrote for a person near and dear to her heart. The two individuals can help one another with their healing process. That girl is me. Through creative writing (poetry), I have helped heal myself. I have overcome my rape and now can say I have grown from victim to survivor. I hope my collection of short poems encourage others on the struggles some sexual assault victims go through and serve as a form of advocacy for Sexual Assault and Awareness.



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