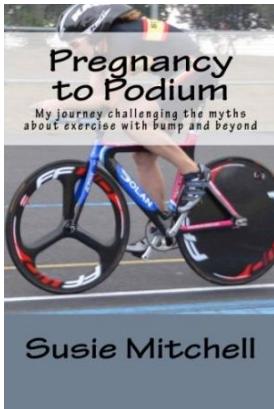


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PREGNANCY TO PODIUM: MY JOURNEY CHALLENGING THE MYTHS ABOUT EXERCISE WITH BUMP AND BEYOND



Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Susie Mitchell is a 37 year first time mom to a lovely vibrant baby girl Tori. Always enjoying the challenge of trying her hand at different sports, she discovered track cycling in July of 2011. After failing to make her mark in anything from shot putt to surfing, it finally seemed she had found something she was good...

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- Authored by Susie Mitchell
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