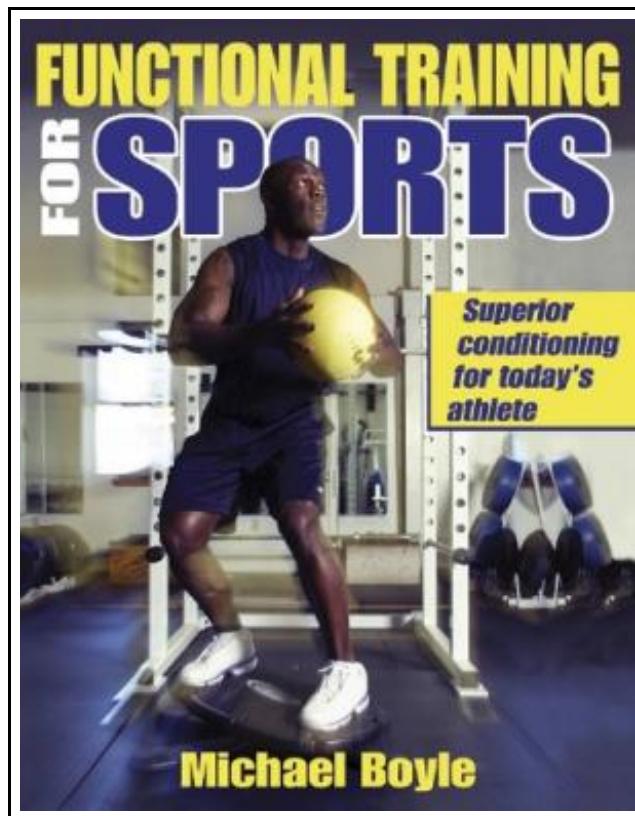


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## FUNCTIONAL TRAINING FOR SPORTS: SUPERIOR CONDITIONING FOR TODAY'S ATHLETE



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