



## Mean Drunk: Anger, Hostility and Alcohol

By William Tappan

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 132 pages. Dimensions: 7.9in. x 5.2in. x 0.5in. Stories turn up all the time: altercations on airliners, brawls in bars, or domestic disputes that end in gunfire. The catchphrase is usually the same: Alcohol was involved. Alcohol often fuels less physically dangerous but more emotionally stressful confrontations at parties, business conclaves, or family dinner tables, manifested as cruel, hurtful words that can have devastating long-term effects on the recipients. The catchphrase That was the booze talking. In Mean Drunk: Anger, Hostility, and Alcohol, William Tappan moves beyond the clichs and excuses to reveal the science behind the behavior. Drawing upon the latest scientific research in the field, illustrated by a broad array of dramatic case studies drawn from news stories, personal accounts, and his own decades of experience, Tappan defines and explains the hostility reaction to alcohol HRA as a specific neurobiological result of alcohol use. The evidence he presents points to cytokines: multifunctional proteins that trigger a defensive brain reaction to a perceived threat during alcohol consumption. Although firmly based in science, Mean Drunk also presents a series of shocking, moving, and sometimes bizarre stories...



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