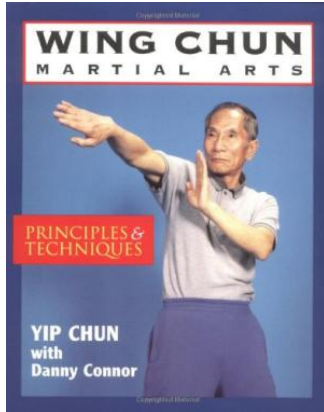


Download eBook

WING CHUN MARTIAL ARTS: PRINCIPLES AND TECHNIQUES



RED WHEEL/WEISER, United States, 1994. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book. Yip Chun is a Grandmaster of Wing Chun, and the eldest son of Yip Man - Bruce Lee s mentor. With the help of Danny Connor, Yip Chun explains the moves, the importance of the relationship between teacher and student, and the Confucian theory. Students will learn Chi Sau, Siu Lim Tao, Chum Kiu, and Biu Tze from the many illustrations that...

Download PDF Wing Chun Martial Arts: Principles and Techniques

- Authored by Grandmaster Yip Chun, Chun Yip
- Released at 1994



Filesize: 8.14 MB

Reviews

It becomes an amazing pdf that I actually have ever go through. This is for those who statte that there had not been a worth reading through. You will like how the author create this pdf.

-- **Prof. Lonie Roob**

Here is the best ebook we have read through right up until now. I could possibly comprehended every thing out of this written e pdf. Its been written in an remarkably easy way and is particularly only following i finished reading through this ebook by which in fact changed me, change the way i really believe.

-- **Etha Pollich**

I actually began reading this article pdf. It really is filled with wisdom and knowledge You wont sense monotony at at any time of the time (that's what catalogues are for concerning should you request me).

-- **Ena Klein MD**
