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Nicotine and Tobacco Dependence

By A.L. Peterson, Carlos R. Jaen, Mark W. Vander Weg

Hogrefe Publishing. Paperback. Book Condition: new. BRAND NEW, Nicotine and Tobacco Dependence, A.L. Peterson, Carlos R. Jaen, Mark W. Vander Weg, Tobacco use is the leading preventable cause of death in the world, and it is the only legally available consumer product that kills people when used entirely as intended. Research over the past several decades has led to the development of a number of evidence-based treatments for nicotine and tobacco dependence that can be delivered by health care professionals in a variety of primary and specialty care settings. This book aims to increase medical, mental health, and dental practitioners' access to empirically supported interventions for nicotine and tobacco dependence, with the hope that these methods will be incorporated into routine clinical practice. The book is both a compact how-to reference for clinicians and an ideal educational resource for students and for practice-oriented continuing education. The volume includes tables, boxed clinical pearls, and clinical vignettes, and the appendix includes clinical tools, patient handouts, and links to the top recommended websites for the download of additional patient materials.



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