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## No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior

By Jed Baker, Carol Kranowitz

Future Horizons Incorporated. Paperback. Book Condition: new. BRAND NEW, No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior, Jed Baker, Carol Kranowitz, It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning "Social Skills Picture Book Series", Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results! Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life: managing your own emotions by adjusting your expectations; learning strategies to calm a meltdown in the moment; understanding why a meltdown occurs; and, creating plans to prevent future meltdowns.



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### Reviews

*Very useful to all of group of folks. I could possibly comprehended every little thing using this created e book. You wont truly feel monotony at anytime of your time (that's what catalogs are for concerning in the event you ask me).*

-- *Claire Carroll DVM*

*Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- *Jayda Lehner Jr.*