



No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior

By Jed Baker, Carol Kranowitz

Future Horizons Incorporated. Paperback. Book Condition: new. BRAND NEW, No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior, Jed Baker, Carol Kranowitz, It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning "Social Skills Picture Book Series", Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results! Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life: managing your own emotions by adjusting your expectations; learning strategies to calm a meltdown in the moment; understanding why a meltdown occurs; and, creating plans to prevent future meltdowns.



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Reviews

It is an awesome pdf i have possibly go through. It really is filled with wisdom and knowledge You will not really feel monotony at whenever you want of your time (that's what catalogues are for relating to in the event you ask me).

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I actually started out looking at this book. It really is rally interesting through studying time period. I am just happy to inform you that here is the greatest ebook i have read through within my personal daily life and could be he best book for possibly.

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